



# Reach for the Stars 2023

## Libertyville Stars

February 12<sup>th</sup>, 2022

The Libertyville Stars are excited that you are attending the 2nd annual Reach for the Stars swim meet. Good luck to all the athletes competing! A few reminders for the meet:

### Location:

Libertyville High School - 708 W Park Avenue, Libertyville, IL 60048

### Timeline:

- Coaches meeting at 8:00am in the hospitality room off of the pool deck
- Immediately upon conclusion of the coaches meeting warm-ups will begin
  - There are two, 8-lane pools for controlled warm-up. Warm-up assignments will be handed out to coaches at coaches check-in.
- Scratches are due to the table by 8:30am. Heats will only be adjusted if scratches can reduce a heat.
- Meet start is at 9:15am
- Tentative meet end is around 12:00pm

### Parking:

- Please see the attached map for instructions regarding parking.

### Day of the Meet:

- Coaches should check-in at the coaches table.
- Athletes should check-in with their coaches in the West Gym.

Due to space concerns on the pool deck, only coaches, officials, deck volunteers, and athletes competing in their current event will be allowed on deck. All other athletes will be asked to remain with their team in the West Gym.

- Athletes and coaches should plan to bring extra items to stay warm between races and a comfortable camping chair or sleeping bag. Athletes should also bring deck shoes for walking between the West Gym and Pool.
- The West Gym is where the bullpen for events will be. Athletes will be escorted across to the pool by volunteers and then back to the gym. Athletes will be given a card with the lane that he/she is assigned that heat.
- There will be an announcer both in the pool area and in the West Gym to announce the current event and heat along with which events should be heading to the bullpen.
- Refreshments for athletes will be provided in the West Gym. Athletes should keep all food in the gym. There will not be concessions sold on site.
- Seating for spectators is on the second floor. There is an elevator to access the seating area.

### Breaks

- There are several breaks built into the timeline. These breaks will be used to allow for coaches to assemble their relay teams on deck. The break will not exceed the allotted time. Relay teams should go directly to the pool deck - DO NOT GO TO THE BULLPEN.



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### Awards/Team Gift:

- We will have both heat winners and ribbons for event winners. Coaches should checkout prior to leaving to ensure they have collected the event winner ribbons for their team. Heat winner prizes will be handed to the athlete immediately after their heat.
- All athletes will get an event t-shirt.

### Deck

- USA Swim Officials will be officiating this meet. USA Swimming and ISI rules will apply. Coaches will be notified for any athletes that are disqualified.
- Any athlete requiring accommodations, including a hand signal start should notify the meet director, Tina Lowry at [tina.lowry@d128.org](mailto:tina.lowry@d128.org) immediately so she can communicate athlete accommodations to the meet referee.
- All athlete requests for outside lanes have been provided. The outside lane lines for lanes 1 and 8 are removed to provide ease of access for entry and exit to the pool.
- Start protocol -
  - series of short whistles
  - one long whistle for fly, free, and breaststroke or two long whistles for backstroke
  - take your mark command
  - starter tone and strobe
- If a false start occurs, a long whistle will be used to call the athletes back to the starter blocks.
- All athletes using the starter blocks must be start certified by their coaches. Diving starts are allowed from the bulkhead.
- The 25y events will start from the bulkhead.

### ORDER OF EVENTS

4x25y Free Unified Relay\*  
 100y Fly  
 50y Back  
 25y Breast  
 4x50 Medley Unified Relay\*  
 100y Free  
 50y Fly  
 25y Back  
 100y Breast  
 50y Free  
 25y Fly  
 4x50y Free Unified Relay\*  
 100y Back  
 50y Breast  
 25y assisted swim  
 4x25y Medley Unified Relay\*  
 100y IM  
 25y Free

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Ray & Marie Zajic Trust

\*Traditional Relays are included in these events.



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If coming from the West—the entrance is off of West Park Avenue (Route 176) just about half a mile east of Butterfield Road, If you get to the stoplight at Daves, just in front of the high school, you have gone too far

If coming from the East—the entrance is the next right just after the light at Daves. If you get to Butterfield Road, you have gone too far.

Buses may drop off athletes in the yellow lot; however, buses should park in one of the green lots. There are a limited number of disabled parking spots in the yellow lot. If you are able to, please leave the yellow lot for athletes, coaches, volunteers, and officials with disabilities that may need to park closer to the door.

Athletes, coaches, volunteers, officials, and spectators will enter via the doors noted by the red star.